

## **Home Gym Review Pty Ltd**

I just demo'd a ProSpot HG6 unit from a local retailer and purchased it immediately!!! If you've never seen one of these machines, you will know as soon as you do that this should revolutionize free weights as we know them. It has a sensor on the bar that reads body contact and unlocks the cable suspended weights when you grab the bar, then locks it up instantly when you let go with just one hand or the other! It is true free weights with safety! the cables on the machine only suspend the weight, they don't dictate the path, which is what I can't stand on my old cable gym, or how a smith machine guides you on tracks. If this company can market effectively, I have no doubt they'll be in every gym across the country at some point.

I bought a HG6 with the entertainment system upgrade, so I paid over \$9000, but it comes as low as \$6990 without the upgrade.